

CURRICULUM VITAE

ABDULAZIZ ASHKANANI

MAY 30TH, 2017

CURRICULUM VITAE

Personal Information:

Name: Abdulaziz Ali Qasem Ashkanani
Present Rank: Neurology Consultant
Medical group, Ahmadi Hospital
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Current and former official positions:

- Consultant Neurologist and Electrophysiologist: Ahmadi Hospital, and Dar Al-Shifa Hospital
- Consultant Neurologist and Electrophysiologist: Amiri Hospital: 2007-2016
- Head of the Kuwait League Against Epilepsy (KLAE): 2011-Present
- Head of the Kuwait Neurological Society (KNS): 2012-2014

Professional Associations Memberships:

- Fellow of the American Academy of Neurology (AAN)
- Canadian Society of Clinical Neurophysiologists.
- Canadian Neurological Society (CNS). 2002-2007
- Kuwait Medical Association.
- Kuwait Neurological Society.
- Kuwait League Against Epilepsy.

Qualifications:

1993-97: Basic Medical Science Degree
Kuwait University

June 2000: Bachelor of General Medicine and Surgery (BMBCh)
Kuwait University

2002-07: Adult Neurology Residency Training, Royal College of Physicians and Surgeons of
Canada. University of British Columbia (UBC), Vancouver, BC

June 2007: Specialist Certificate in Adult Neurology
Royal College of Physicians & Surgeons of Canada

June 2007: CSCN Diplomate (EMG)
Canadian Society of Clinical Neurophysiologists, a member of the Canadian
Neurological Sciences Federation (CNSF)

October 2013 – April '14: Virtual Epilepsy Academy (VIREPA) Distance education course:
EEG in the diagnosis & management of epilepsy - Basic Course.

Teaching Activities (Summary):

- Clinical instructor for medical student (Phase II, Phase III, Fifth year, and Seventh Year): 2007-2016: average 1 day per week.
- Regular hospital teaching sessions for medical staff: Weekly morning sessions, 2008-2009.
- Regular teaching sessions for rotating Kuwait Board of Internal Medicine residents: 2007-2016: including weekly sessions during their rotation through the neurology service.
- Hospital Coordinator for Phase II-year 6 medical student rotating at Neurology unit, Amiri Hospital for the academic years of 2010/2011, and 2011/2012.
- Examiner for Phase II-year 5 medical student's OSCE , May 2010
- Invigilator of medical students and PGTP exams:
 - PGTP internal medicine final exam (Part 2), March 22nd 2009
 - Seventh year medical student final exam, 2009
 - PGTP internal medicine final exam (Part 2), March 21st 2010
 - MRCPII exam (PACES), 2nd November 2010
 - MRCPII exam (PACES), 3rd November 2010
 - Phase II Year 4 Formative OSCE, May 5th , 2013

Committees:

- Founding member of the Kuwait League Against Epilepsy, March 2011.
- Founding member of the Kuwait Neurology Board (residency program), part of Kuwait Institute for Medical Specialization. 2011.
- Medical department accreditation committee. Amiri Hospital, member, 2011-2013
- Neurological Disorders prevention committee, secretary. Ministry of Health, Kuwait, 2012-2015
- Gulf Cooperation Council (GCC) Neurological societies council, Founding member and Vice President, 2012-2014
- Gulf Cooperation Council (GCC) Neurological Disorders prevention committee. Kuwait's member, 2008-2013
- Kuwait Neurology Board. Member, 2011-2013

Departmental activities

1. Formulated the following Amiri Hospital Neurological Protocols (2007):
 - a. Acute Meningitis Protocol
 - b. Acute Management of Seizures
 - c. Subarachnoid Hemorrhage Management Protocol
 - d. Ischemic Stroke Protocols
 - e. Hemorrhagic Stroke (ICH) Protocol
2. Started and established Amiri Hospital rt-PA in acute ischemic stroke service (2008).
3. Prepared and submitted the Acute Stroke Pathway protocol/admission orders to Amiri Hospital (2008).
4. Introduced SFEMG as a newer testing modality at the EMG/NCS lab in Amiri Hospital (2009).

Conferences and meetings

Organizer role:

1. Epilepsy Beyond Medical Therapy Seminar. 9/6/2012, Kuwait
2. The 8th GCC neurology meeting. 15-17/11/2012, Kuwait
3. The 1st Kuwaiti-Lebanese Epilepsy Conference. 5/1/2013, Kuwait
4. The 1st Kuwait MS Consensus Guidelines Meeting. 25/1/2014, Kuwait
5. The 3rd Kuwaiti-Lebanese Epilepsy Conference. 1/2/2014, Kuwait
6. Neuro Club: Regular scientific meeting:
 - a. Epilepsy. 18/3/2014, Kuwait
 - b. Movement disorders. 20/5/2014, Kuwait
7. Movement disorders meeting: Diagnosis strategy for Parkinsonism. 24/6/2014, Kuwait
8. Bi-monthly (5 per year) Epilepsy meetings under Kuwait League Against Epilepsy Chapter: 2015-present

Speaker role:

Date	Title	Meeting	Place
24/03/2008	Epilepsy	Seizure disorders in Kuwait	Kuwait
29/10/2008	Update on Prevention of Stroke	Stroke Treatment and Rehabilitation symposium	Kuwait
16/05/2009	Presentation of MS	Clinical Approach to MS	Kuwait
14/11/2009	Alternative Therapies in MS	Multiple Sclerosis Awareness Conference	Kuwait
12/12/2009	MS Therapy update	The first Amiri Medical Department Day	Kuwait
22/05/2010	Interactive workshop on the diagnosis, workup and management of facial palsy	The first Kuwait Neurology Update	Kuwait
22/05/2010	Updates in diabetic peripheral neuropathy	The first Kuwait Neurology Update	Kuwait
07/05/2011	Posterior Reversible Leukoencephalopathy	The second Kuwait Neurology Update	Kuwait
05/03/2012	Epilepsy Facts	Adan Hospital medical department meeting	Kuwait
05/01/2013	Medically refractory Epilepsy	The 1 st Kuwaiti-Lebanese Epilepsy Conference	Kuwait
15/06/2013	Medically refractory Epilepsy	The second Kuwaiti-Lebanese Epilepsy Conference	Beirut, Lebanon
10/09/2013	Medically refractory Epilepsy	Dar Al-Shifa Hospital weekly rounds	Kuwait
13/11/2013	Updates in Neurogenetics	The 4 th Kuwait Neurology Update	Kuwait
01/02/2014	Debate: First seizure to treat or not to treat	The 3rd Kuwaiti-Lebanese Epilepsy Conference	Kuwait
13/1/2015	First Seizure	Dar Al-Shifa Hospital weekly rounds	Kuwait

31/1/2015	Epidemiology, etiologies and classification of Status Epilepticus	The 4th Kuwaiti-Lebanese Epilepsy Conference	Beirut, Lebanon
10/04/2015	EEG in Encephalopathy	The 5th Kuwaiti-Lebanese Epilepsy Conference	Kuwait
09/11/2015	TLE: Case presentation	The 1st GCC and 5 th annual Saudi Epilepsy Conference	Dammam, KSA
16/01/2016	Epidemiology of seizures in CVD	The 6th Kuwaiti-Lebanese Epilepsy Conference	Beirut, Lebanon
07/05/2016	Epidemiology, etiologies and classification of SE	The 7th Kuwaiti-Lebanese Epilepsy Conference	Kuwait

Session chair role:

1. The second Epilepsy workshop. 15/1/2011, Kuwait
2. The First Annual UAE Epilepsy Congress. 14/4/2012, Dubai, UAE.
3. The Regional Conference on Alzheimer's Disease, 24-25/9/2012, Kuwait
4. Kuwait Neuroradiology Conference, 1-3/2/2013. Kuwait
5. The second annual UAE Epilepsy congress. 27/4/2013, Abu Dhabi, UAE.
6. The first Kuwait North American Neurology Conference, 27-29/4/2013, Kuwait
7. Multiple Sclerosis Awareness Conference, 14/11/2013, Kuwait
8. The first Kuwait MS Consensus Guidelines Meeting. 25/1/2014, Kuwait
9. International Stereotactic and Functional Neurosurgery Meeting & fourth Saudi Epilepsy Society Conference. 26-27/11/2014. Riyadh, KSA.
10. The Second Kuwait North American Neurology Conference. 12-14/12/2014. Kuwait.
11. Fourth Annual UAE Epilepsy Congress 2015. 12-13/5/2015. Dubai, UAE.
12. The 1st GCC and 5th annual Saudi Epilepsy Conference. 7-9/11/2015. Dammam, KSA
13. The 3rd East Mediterranean & 5th UAE Joint Epilepsy Congress. 4-6/3/2016. Dubai, UAE.

Peer-Review Service:

- Annals of Saudi Medicine Journal: 2013 - present.

Publications:

1. Qasem AA, Ashour TH, Al-Abdulrazzaq HK, Ismail ZA. Disclosure of cancer diagnosis and prognosis by physicians in Kuwait. *Int J Clin Pract.* 2002 Apr;56(3):215-8.
2. Qasem A, Tanha F, Briemberg H. A case of diabetic muscle infarction. *Can J Neurol Sci.* 2009 Sep;36(5):651-3.
3. Alroughani R, Javidan M, Qasem A, Alotaibi N. Non-convulsive status epilepticus; the rate of occurrence in a general hospital. *Seizure.* 2009 Jan;18(1):38-42.
4. Alroughani R, Ashkanani A, Lamdhade S. Clinical characteristics of multiple sclerosis in Kuwait: data from the new MS registry of Amiri Hospital. *Int J Neurosci*2012 Feb;122(2):82-7.
5. Ashkanani A, Hassan KA, Lamdhade S. Risk factors of stroke patients admitted to a general hospital in Kuwait. *Int J Neurosci*2013 Feb;123(2):89-92.
6. Alroughani R, Ahmed S, Behbahani R, Khan R, Thussu A, Alexander K, Ashkanani A, Nagarajan V, Al-Hashel J. Increasing prevalence and incidence rates of multiple sclerosis in Kuwait. *Mult Scler.* 2014 Apr;20(5):543-7.
7. Lamdhade S, Ashkanani A, Alroughani R. Prevalence of Anti-JC Virus Antibody in Multiple Sclerosis patients in Kuwait. *ISRN Neurol.* 2014 Jan 22;2014:861091.
8. R. Alroughani, A. Ashkanani, J. Al-Hashel, R. Khan, A. Thussu, KJ Alexander, P. Vembu, K. Sharfuddin, S. Lamdhade, JK. John, S. Alkhashan, M. Abualmelh, S. Al-Shmmari. Consensus Recommendations for the Diagnosis and Treatment of Multiple Sclerosis in Kuwait. *Clin Neurol Neurosurg.* 2016 Apr;143:51-64.
9. Peripheral neuropathy in patients with Diabetes mellitus. Book chapter in Arabic. Ministry of Health, Kuwait. 2012.
10. Stroke. Public awareness booklet in Arabic (Author: K. Hassan, Translator: A. Ashkanani) Ministry of Health, Kuwait. 2015

Abstracts/Posters:

1. Effects of the capacity of dopamine sequestration on the rate of progression in Parkinson's disease. Abdulaziz Qasem, Michael Schulzer, Vesna Sossi, Thomas J Ruth, Donald B Calne, A Jon Stoessl, Chong S Lee. Platform presentation at the AAN meeting in Miami, 2005.
2. Effects of the capacity of dopamine sequestration on the rate of progression in Parkinson's disease. Abdulaziz Qasem, Michael Schulzer, Vesna Sossi, Thomas J Ruth, Donald B Calne, A Jon Stoessl, Chong S Lee. Podium presentation of research project at the Residents Research Day of UBC in May 2005.
3. SSPE IN PREGNANCY, A CASE REPORT FROM KUWAIT. SJ Lamdhade, A. Ashkanani, A. Thussu. Abstract A-342-0033-01301. XXth World Congress of Neurology. Nov. 2011

4. Risk factors of stroke patients admitted to a general hospital in Kuwait. Ashkanani A, Hassan KA, Lamdhade S. Abstarct AID 154. XXI. European Stroke Conference. May 2012
5. Increasing prevalence and incidence rates of multiple sclerosis in Kuwait. R. Alroughani, S. Ahmed, R. Behbahani, R. Khan, A. Thusu, KJ Alexander, A. Ashkanani, V. Nagarajan, J. Al-Hashel. Abstract No. 480. ECTRIMS/RIMS meeting. October 2013.

Abdulaziz A. Ashkanani

May 30th, 2017